

John E Ford PK – 8 Montessori School's PTA Presents:

Health & Fitness Night

September 29, 2016 at 6pm

General PTA Meeting at 5:45pm

- Free food samples from Moe's Southwest Grill and Tropical Smoothie Cafe
- Fitness challenges for prizes
- Over \$150 worth of gift cards and merchandise being given away in door prizes (must be present to win)
- Come have fun and learn about health, fitness, safety and wellness

Food Truck (to be announced) and Kona Ice

with food available for purchase starting at 5:15pm

This event is FREE and open to the community

Come
and leave with
great information
and a bag of great
freebies!

Thank you to our participating vendors,
organizations and donors:

Safe Kids Northeast Florida

Wolfson Children's Hospital

Cathedral Arts Project

Orange Park Pediatrics

MaliVai Washington Youth Foundation

YMCA – Winston Family

DoTerra Essential Oils

The Boselli Foundation

Erik Dawkins, Prudential Advisors

Moe's Southwest Grill

Tropical Smoothie

Jumpin Jax

Setzer, Cochran, Soares and Hubbard Pediatric
Dentistry

Girl Scouts of Gateway Council

Boy Scouts of Northeast Florida

Florida Blue

Jacksonville Pediatric Associates

Timucuan Ecological and Historic Preserve
Fort Caroline National Memorial Parks

SRB Rowing